

2021 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus Generics Only

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; but many examples of medications in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

ASTHMA/COPD

albuterol
 budesonide oral inhalation
 cromolyn nebulizer solution
 ipratropium/albuterol nebulizer solution
 ipratropium nebulizer solution
 levabuterol nebulizer solution
 metaproterenol
 montelukast
 terbutaline oral
 theophylline
 wixela inhub
 zafirlukast
 zileuton ER

BONE DISEASE AND FRACTURES

alendronate
 ibandronate
 raloxifene
 risedronate
 zoledronic acid 5mg

CAVITIES

sodium fluoride rinse, gel, cream, paste, tabs and drops
 stannous fluoride rinse

COLONOSCOPY PREPARATION*

gavilyte-c
 gavilyte-g
 gavilyte-n
 polyethylene glycol
 trilyte

DEPRESSION

citalopram
 escitalopram
 fluoxetine
 fluvoxamine
 paroxetine
 paroxetine er
 sertraline

DIABETES

acarbose
 generic syringes, lancets and needles
 glimepiride
 glipizide er
 glipizide/metformin
 glyburide
 glyburide/metformin
 metformin
 metformin er
 miglitol
 nateglinide
 pioglitazone
 pioglitazone/glimepiride
 pioglitazone/metformin
 repaglinide
 repaglinide/metformin

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
 aspirin-dipyridamole er
 clopidogrel
 dipyridamole
 prasugrel
 warfarin

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
 fluvastatin
 lovastatin
 pravastatin
 rosuvastatin
 simvastatin

OTHER CHOLESTEROL LOWERING AGENTS

cholestyramine
 cholestyramine light
 colestevlam tablet
 colestipol
 ezetimibe
 ezetimibe/simvastatin
 fenofibrate
 fenofibric acid
 gemfibrozil
 niacin
 prevalite

2021 CDH Preventive Medications - Standard Plus Generics Only

HIGH BLOOD PRESSURE

ACE INHIBITORS

benazepril
captopril
enalapril
fosinopril
lisinopril
moexipril
perindopril
quinapril
ramipril
trandolapril

ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hctz
captopril/hctz
enalapril/hctz
fosinopril/hctz
lisinopril/hctz
moexipril/hctz
quinapril/hctz

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/hctz
irbesartan/hctz
losartan/hctz
olmesartan/hctz
telmisartan/hctz
valsartan/hctz

BETA BLOCKERS

acebutolol
atenolol
betaxolol
bisoprolol
metoprolol succinate
metoprolol tartrate
nadolol
pindolol
propranolol
propranolol er
timolol

BETA BLOCKER/DIURETIC COMBINATIONS

atenolol/chlorthalidone
bisoprolol/hctz
metoprolol/hctz
nadolol/bendroflumethiazide
propranolol/hctz

CALCIUM CHANNEL BLOCKERS

amlodipine
cartia xt
diltiazem cd
diltiazem er
felodipine er
isradipine
matzim la
nicardipine
nifedipine er
nisoldipine er
tiadylt er
taztia xt
verapamil

DIURETICS

chlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
metolazone

OTHER HIGH BLOOD PRESSURE COMBINATIONS

amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/hctz
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/hctz
trandolapril/verapamil

MALARIA

atovaquone/proguanil
chloroquine
mefloquine
primaquine

OBESITY

benzphetamine
diethylpropion
phendimetrazine
phentermine

SMOKING-CESSATION*

bupropion sr 150mg
nicotine gum, lozenges and patches

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website express-scripts.com.

© 2020 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.